Health Education Seminars are proud to present

**EVENING LECTURE**

**The Grumbling Groin**

Management strategies for persistent groin pain

_James Moore_

M.Phty (Manips), BSc (Hons) PG Dip App Biomechanics MCSP, CSCS  
Head of Medical Services - Saracens Rugby Club

This presentation will be of particular interest to physios, doctors, sports rehab professionals, personal trainers, sports therapists & strength coaches

**PLACES LIMITED**

**Speaker**

James is a highly experienced musculoskeletal physiotherapist and is currently Head of Medical Services at Saracens rugby club. In addition to private clinical work he has worked throughout the UK, USA & Australia with professional athletes ranging from Premiership Rugby, American Football, Major League Baseball, Body Builders and Athletics. He completed his Masters in Musculoskeletal Physiotherapy at the internationally recognised Queensland University, and has also completed post graduate studies in applied biomechanics. He was the medical team leader for Gloucestershire County Cricket for two years, and was previously he National Clinical Lead Physiotherapist for UK Athletics and a Consultant Physiotherapist for England RFU.

**CITY - date**

Venue address

Registration: 17.45 - 18.00  
Presentation: 18.00 – 20.30

**Presentation**

Topics / issues covered during the presentation will include:

- Should we treat the pathology or the pain?  
- Core stability versus trunk strength  
- Push or pull – What should we do with the adductors?  
- Surgical advances - Is it the hip or the groin?

**Fee:** £40 (inclusive of vat) includes handouts and CPD certificate (2.5hrs)

**To register:**

1. Send completed Registration Form along with payment to Health Education Seminars (address overleaf) or  
2. Book online at www.heseminars.com
Booking Form

Your Name

Lecture Fee enclosed (£40 per delegate) £

Address

Post Code email

Tel No (day) (evening)

How did you hear about the lectures?

Your profession

Place of work

Please clearly state the lecture(s) and date(s) you are registering to attend.

1. 

2. 

3. 

4. 

5. 

Terms & Conditions

1. Completion and the signing of this form creates a binding agreement to attend the lecture and pay the full fee.

2. Upon receipt of your application form and lecture fee you will be sent a letter confirming your place on the lecture and receipt of the lecture fee. If you are being funded to attend a lecture, the lecture fee must be made at least 4 weeks prior to the lecture date.

3. A full refund, less a £15 administration fee, will be made if written cancellation is received in the HES Office four weeks prior to the lecture date. No refunds will be made after this time, for whatever reason. Substitute delegates are accepted at any time.

4. HES reserves the right to cancel the lecture if there are insufficient enrolments. If, in the unlikely event a tutor cannot attend the lecture, HES will endeavour to find a new date for the lecture to be held. HES will not be held responsible for any damages incurred as a result of lecture cancellation.

5. This form is correct at the time of printing, but is subject to alteration.

Please complete the following:

I agree to the conditions of enrolment and enclose a cheque for £ as full fee made payable to Health Education Seminars Ltd for the lecture(s) marked above.

Signature: Date:

Please return this completed application form with your full fee to:

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