

# HEALTH EDUCATION SEMINARS

42 Richmond Road, Poole BH14 0BU

Tel/Fax: 01202 568898 email: info@heseminars.com web: www.heseminars.com

## EVIDENCE BASED CPD Courses for Therapy & Sports Professionals

updated September 10th 2010

	Course Title	Lecturer	Venue	
<b>September 2010</b>				
11th/12th	<b>NAGS &amp; SNAGS: Mulligan Concept</b>	Ed Wilson	Reading, Berkshire	
11th/12th	<b>The Shoulder - Theory &amp; Practice (level 1)</b>	Jeremy Lewis	Rotherham	
18th/19th	<b>Combined Approach to the Sacroiliac Joint</b>	Howard Turner	Stockport, Cheshire	
15th	<b>Tendinopathy Management in Sport - Evening lecture</b>	Mark Young	London (UCL)	<b>FULL</b>
19th	<b>Fascial Release - Introductory course</b>	Graham Sinclair-Smith	Bristol	
19th/20th	<b>Tendinopathies Masterclass: Upper &amp; Lower Limb workshop</b>	Jill Cook & Jeremy Lewis	Manchester (University of Salford)	<b>FULL</b>
21st/22nd	<b>Tendinopathies Masterclass: Upper &amp; Lower Limb workshop</b>	Jill Cook & Jeremy Lewis	Sutton, Surrey	<b>FULL</b>
24th	<b>Sport &amp; Exercise First Aid</b>	Tony Bennison	Carlisle, Cumbria	
25th	<b>Paediatric Orthopaedic workshop</b>	Peter Beirne	Chelmsford	<b>FULL</b>
26th	<b>Paediatric Respiratory workshop</b>	Paul Ritson	Chelmsford	<b>FULL</b>
25th/26th	<b>The Shoulder - Theory &amp; Practice (level 1)</b>	Jeremy Lewis	Milton Keynes	<b>FULL</b>
25th	<b>Advanced Clinical Reasoning for Manual Therapists: Haemodynamic Pain</b>	Alan Taylor & Roger Kerry	Southampton	
26th	<b>Whiplash Injury Masterclass - Level 1</b>	Alan Taylor & Roger Kerry	Southampton	
26th	<b>Fascial Release - Introductory course</b>	Graham Sinclair-Smith	London (Crystal Palace)	
30th	<b>Practical Podiatric Biomechanics</b>	Paul Harradine	Berkshire	<b>FULL</b>
30th	<b>Evening Seminar - Clinical Reasoning within the Spine</b>	Neil Langridge	Bournemouth	
<b>October 2010</b>				
1st	<b>Cognitive Behavioural Therapy for Physical Health (1 day)</b>	Mark Webster	Jersey	<b>FULL</b>
2nd	<b>Cognitive Behavioural Therapy for Physical Health (1 day)</b>	Mark Webster	Shaftesbury, Dorset	
2nd/3rd	<b>Combined Movements - Mobilisation (IV+) and Manipulation (IV-): Cx</b>	Chris McCarthy	Bristol	
2nd/3rd	<b>Sports Massage Masterclass</b>	Julian Berriman	Salisbury	
2nd/3rd	<b>Combined Approach to the Sacroiliac Joint</b>	Hugh Jenkins	Plymouth	
7th	<b>Evening Seminar - Rotator Cuff Pathology</b>	Jeremy Lewis	Bournemouth	
8th/9th	<b>The Shoulder - Theory &amp; Practice (level 1)</b>	Jeremy Lewis	Lymington, Hants	
9th	<b>Respiratory Care Update</b>	Matthew Quint	London	
9th/10th	<b>Muscle Energy Techniques: Tx &amp; Ribs</b>	Jay Cookson	Oxted, Surrey	
9th/10th	<b>Sporting Hip &amp; Groin</b>	James Moore	Goring-on-Thames, Oxfordshire	
9th/10th	<b>Practical Podiatric Biomechanics</b>	Paul Harradine	Newcastle-upon-Tyne	
9th/10th	<b>Shoulder, Neck &amp; Trunk Stability</b>	Ben Ashworth	London (St Thomas' Hospital)	
11th/12th	<b>The Shoulder - Theory &amp; Practice (level 1) (course runs 2.30pm till 8.30pm)</b>	Jeremy Lewis	Wolves FC	
12th	<b>Paediatric Respiratory workshop</b>	Paul Ritson	Belfast	<b>FULL</b>
13th	<b>Tendinopathy Management in Sport - Evening lecture (tbc)</b>	Mark Young	Nottingham	

16th	<b>Anterior Knee Pain: Differential Diagnosis &amp; Treatment</b>	Lee Herrington	Ripley, Derbyshire	
17th	<b>Sport &amp; Exercise First Aid</b>	Tony Bennison	London (University of East London)	
17th	<b>ACL Rehab Update</b>	Lee Herrington	Ripley, Derbyshire	
16th/17th	<b>Grade V Spinal Manipulation</b>	Neil Langridge	London (Charing Cross Hospital)	
16th/17th	<b>Sporting Hip &amp; Groin</b>	James Moore	Edinburgh	
16th/17th	<b>The Shoulder - Theory &amp; Practice (level 1)</b>	Jeremy Lewis	London	<b>FULL</b>
23rd	<b>Advanced Clinical Reasoning for Manual Therapists: Haemodynamic Pain</b>	Alan Taylor & Roger Kerry	Leeds	
24th	<b>Whiplash Injury Masterclass - Level 1</b>	Alan Taylor & Roger Kerry	Penrith, Cumbria	
30th/31st	<b>Sporting Hip &amp; Groin</b>	James Moore	West Midlands	<b>FULL</b>
30th/31st	<b>Muscle Energy Techniques: Lx &amp; Pelvis</b>	Jay Cookson	Daventry, Northants	
30th/31st	<b>Practical Podiatric Biomechanics</b>	Paul Harradine	Haslemere, Surrey	
30th/31st	<b>Combined Movements - Mobilisation (IV+) and Manipulation (IV-): Cx</b>	Chris McCarthy	Reading, Berkshire	
<b>November 2010</b>				
6th	<b>Dizziness - Vestibular Assessment, Treatment &amp; Rehabilitation - level 1</b>	Alan Sealy	Dunfermline, Fife	
6th/7th (tbc)	<b>National Sports First Aid (tbc)</b>	Tony Bennison	London (UCL)	
11th	<b>Hamstring Injuries: Assessment, Treatment &amp; Rehabilitation - Evening lecture</b>	James Moore	Bristol	
13th/14th	<b>The Shoulder - Theory &amp; Practice - Level 2</b>	Jeremy Lewis	Maidenhead	<b>FULL</b>
13th/14th	<b>Practical Podiatric Biomechanics</b>	Paul Harradine	London	
13th/14th	<b>Combined Approach to the Sacroiliac Joint</b>	Howard Turner	Oxted, Surrey	
13th/14th	<b>Combined Approach to the Sacroiliac Joint</b>	Hugh Jenkins	Bristol	
13th/14th	<b>Grade V Spinal Manipulation</b>	Neil Langridge	Bury St Edmunds	
13th/14th	<b>Sports Massage Masterclass</b>	Julian Berriman	Rochdale, Lancs	
13th	<b>Cognitive Behavioural Therapy for Physical Health (1 day)</b>	Mark Webster	Daventry, Northants	
13th	<b>Anterior Knee Pain: Differential Diagnosis &amp; Treatment</b>	Lee Herrington	Margate, Kent	
14th	<b>ACL Rehab Update</b>	Lee Herrington	venue tbc	
14th	<b>Whiplash Injury Masterclass - Level 1</b>	Alan Taylor & Roger Kerry	Horley, Surrey	
17th	<b>Hamstring Injuries: Assessment, Treatment &amp; Rehabilitation - Evening lecture</b>	James Moore	London (UCL)	
18th	<b>Evening Seminar - Sports Trauma for Therapists</b>	Tony Bennison	Bournemouth	
20th	<b>Paediatric Orthopaedic Workshop</b>	Peter Beirne	Aberdeen	
20th	<b>Advanced Clinical Reasoning for Manual Therapists: Haemodynamic Pain</b>	Alan Taylor & Roger Kerry	Bangor, Northern Ireland	
21st	<b>Whiplash Injury Masterclass - Level 1</b>	Alan Taylor & Roger Kerry	Bangor, Northern Ireland	
20th/21st (tbc)	<b>Sporting Hip &amp; Groin (tbc)</b>	James Moore	venue tbc	
20th-22nd	<b>Ultimate Knee Rehabilitation</b>	Nicholas Clark	Bournemouth	
27th	<b>Paediatric Respiratory workshop</b>	Paul Ritson	Birmingham	
28th	<b>Paediatric Orthopaedic Workshop</b>	Peter Beirne	Birmingham	
27th/28th	<b>The Shoulder - Theory &amp; Practice (level 1)</b>	Jeremy Lewis	Ashford, Kent	<b>FULL</b>
27th/28th	<b>Combined Movements - Mobilisation (IV+) and Manipulation (IV-): Tx/Lx/SIJ</b>	Chris McCarthy	London (St Marys Hospital)	
<b>December 2010</b>				
2nd	<b>Advanced Soft Tissue course (2.30pm start)</b>	Julian Berriman	Wolves FC	
4th	<b>Whiplash Injury Masterclass - Level 1</b>	Alan Taylor & Roger Kerry	Oxford	

5th	<b>Advanced Clinical Reasoning for Manual Therapists: Haemodynamic Pain</b>	Alan Taylor & Roger Kerry	Oxford	
4th/5th	<b>Sporting Hip &amp; Groin</b>	James Moore	Bournemouth	
4th/5th	<b>Grade V Spinal Manipulation</b>	Neil Langridge	RAF Kinloss (Forres)	
8th	<b>Evening Seminar - Practical Podiatric Biomechanics</b>	Paul Harradine	Bournemouth	
11th/12th	<b>Practical Podiatric Biomechanics</b>	Paul Harradine	Catterick, North Yorkshire	
<b>January 2011</b>				
7th/8th/9th	<b>Foundation Acupuncture (block 1 of 2)</b>	Kam Wah Mak	Kirkcaldy, Fife	
15th	<b>Anterior Knee Pain: Differential Diagnosis &amp; Treatment</b>	Lee Herrington	Dartford, Kent	
16th	<b>ACL Rehab Update</b>	Lee Herrington	Dartford, Kent	
15th/16th	<b>Muscle Energy Techniques: Tx &amp; Ribs</b>	Jay Cookson	Daventry, Northants	<b>FULL</b>
15th/16th	<b>Combined Approach to the Sacroiliac Joint</b>	Howard Turner	Edgware, Middlesex	
24th & 31st	<b>Grade V Spinal Manipulation (2.30 - 9pm both days)</b>	Neil Langridge	Wolves FC, West Midlands	
<b>February 2011</b>				
5th	<b>Dizziness - Vestibular Assessment, Treatment &amp; Rehabilitation - level 1</b>	Alan Sealy	Milton Keynes	
5th/6th	<b>The Shoulder - Theory &amp; Practice (level 1)</b>	Jeremy Lewis	Daventry, Northants	
5th/6th	<b>Advanced Sports Trauma Course - Emergency Medical Management in Individual &amp; Team Sports</b>	Trauma Faculty	Bristol	
11th/12th/13th	<b>Foundation Acupuncture (block 2 of 2)</b>	Kam Wah Mak	Kirkcaldy, Fife	
<b>March 2011</b>				
12th	<b>Dizziness - Vestibular Assessment, Treatment &amp; Rehabilitation - level 1</b>	Alan Sealy	Hull	
12th	<b>Anterior Knee Pain: Differential Diagnosis &amp; Treatment</b>	Lee Herrington	Oxford	
13th	<b>ACL Rehab Update</b>	Lee Herrington	Oxford	
19th/20th	<b>NAGS &amp; SNAGS: Mulligan Concept</b>	Ed Wilson	Milton Keynes	
<b>April 2011</b>				
2nd	<b>Whiplash Injury Masterclass - LEVEL 2</b>	Alan Taylor & Roger Kerry	Kirkby-in-Ashfield, Notts	
<b>May 2011</b>				
7th	<b>Anterior Knee Pain: Differential Diagnosis &amp; Treatment</b>	Lee Herrington	London	
8th	<b>ACL Rehab Update</b>	Lee Herrington	London	
<b>June 2011</b>				
<b>July 2011</b>				
<b>August 2011</b>				
<b>September 2011</b>				
10th/11th	<b>NAGS &amp; SNAGS: Mulligan Concept</b>	Ed Wilson	Winchester	
10th/11th	<b>Grade V Spinal Manipulation</b>	Neil Langridge	Milton Keynes	
<b>October 2011</b>				
8th	<b>Anterior Knee Pain: Differential Diagnosis &amp; Treatment</b>	Lee Herrington	Redhill, Surrey	
9th	<b>ACL Rehab Update</b>	Lee Herrington	Redhill, Surrey	
15th/16th	<b>NAGS &amp; SNAGS: Mulligan Concept</b>	Ed Wilson	Bristol	
<b>November 2011</b>				
12th	<b>Anterior Knee Pain: Differential Diagnosis &amp; Treatment</b>	Lee Herrington	Edgware, Middlesex	
13th	<b>ACL Rehab Update</b>	Lee Herrington	Edgware, Middlesex	

For further information on any of the above courses, please visit [www.heseminars.com](http://www.heseminars.com) where you can view and download full course details.

Alternatively, please contact

**Health Education Seminars, 42 Richmond Road, Poole, Dorset BH14 0BU**

**Tel/Fax: 01202 568898**

**email: [info@heseminars.com](mailto:info@heseminars.com)**

**[www.heseminars.com](http://www.heseminars.com)**

### **Would your hospital, PCT, clinic or club like to host Evidence Based CPD courses?**

**\* Do you have a good sized venue with facilities for lecture and practical elements?**

**\* Would you like FREE places on the course? (2 FREE places for most courses)**

**\* Would your staff like to attend high quality courses at your facility?**

**\* HES take care of all course administration**

**\* There is NO financial commitment to take additional paying places**

**If so, then please contact us TODAY or go to our website Hosting pages.**